ABN 75 008 545 569
Sports House, GMHBA Stadium
370 Moorabool St, Geelong 3220

BSA TENNIS PROGRAM – KEY BENEFITS 2022

Tennis Victoria and Geelong regional tennis is partnering with Barwon Sports Academy (BSA) to offer membership for selected athletes to join the BSA program in 2022.

Some of the benefits of participation in the BSA program include:

1. BSA uniforms (Polo and training top)
2. Small group sessions with Dietician
3. Sport specific group session with Sports Psychologist
4. Small group session on Goal setting
5. Sports specific group Q & A session with Elite athlete from your sport)
6. BSA Education development program
   - 1st years (Foundation stage) x 5
   - 2nd years (Talent stage) x 5
   - Advanced (Mastery stage) x 4
   - Elective opportunities – Drug Education, Careers in Sport (Deakin Uni), social media (Carly Post), Driver Safety (TAC), Female athlete (Emily Shears) etc
7. Gym vouchers (10 visits) for Leisure link provided for calendar year.
8. Musculo skeletal screens recommended at Corio Bay Health Group (Gap covered if athlete has private insurance, 50% discount for those without).
9. Strength & Conditioning – 20+ sessions for each sports program. (Coach, venue and time established based on sports schedule, periodised training plans)
10. TeamBuildr program – Available for Advanced (High performing) athletes as per recommended by coach, program manager and/or BSA S&C coach.

Tennis specific sessions offered (As provided by the state sporting association)

Additional coaching:

- 6-8 x 2hr squad sessions with Head coach and assistant (inclusive of membership)
- 21 x Friday weekly squad hitting sessions (Additional payment from BSA membership)
- We will seek additional opportunities from Tennis Victoria

Note: Schedules to be developed and provided