



MEDICAL NETWORK 2020



Corio Bay Health Group as our partner & sponsor

CORIO BAY HEALTH GROUP

Corio Bay offer all BSA athletes a 20% discount on all physiotherapy.

Services include; physiotherapy, myotherapy, dietetics & massage

Key contacts:

Justin Edwards (BSA Medical Network Coordinator) – Justin is a senior physio at CBHG and has been our coordinator for 10 years. He has a keen interest in Injury prevention and is the conduit between the BSA and CBHG.

Emily Shears (Klopper) – (BSA services manager) Emily works with CBHG to ensure all 1st year BSA athletes have a musculo skeletal screen and that all information is provided to the strength and conditioning coaches to assist in program development.

- *Please inform Emily of any injury with your athlete, then call Corio Bay Health Group front desk where you will be advised on who might best deal with your injury.*

Geelong Clinic contact details:

Address: 283 Latrobe Terrace, Geelong 3220

Website: www.coriobayhealth.com.au

Phone: 5221 8822

Other Corio Bay Health Group locations

Belmont Clinic (Principal physiotherapist Travis McCoombe)

Roslyn Road (Eastbrook Medical Centre)

Address: 75 Roslyn Rd, Belmont 3216

Phone: 5243 0919

<https://coriobayhealth.com.au/locations/belmont/>

Waurin Ponds Clinic (Principal physiotherapist Wade Byrnes)

Address: Leisurelink – 240 Pioneer Rd Waurin Ponds

Phone: 52 457677

<https://coriobayhealth.com.au/locations/waurin-ponds/>

Bannockburn Clinic (Principal physiotherapist Peter Biskup)

Address: 9 High street, Bannockburn

Phone: 52 811016

<https://coriobayhealth.com.au/locations/bannockburn/>

Torquay Clinic (Principal physiotherapist Adrian Deans)

Address: 9 Great Ocean Rd. Torquay

Phone: 52 616416

<https://coriobayhealth.com.au/locations/torquay/>

Ocean Grove Clinic (Principal physiotherapist Adrian Deans)

Address: 12 Tuckfield st, Ocean Grove

Phone: 52 562636

<https://coriobayhealth.com.au/locations/oceangrove/>

Bio's of all Corio Bay Health Group physios

<https://coriobayhealth.com.au/practitioner-category/physiotherapist/>

OTHER PROVIDERS IN CBHG TEAM

Podiatry - Hamish Nelson & Fiona Johnson

Massage – Michael Mitchell, Carl Hillier, Christine Crawford & Philip Warne

Dietitian – Sam Coppinger & Karyn Green

Myotherapy – Tamara Kichakov & Rachel Don

Sports & Exercise Physician (specialist) – Dr. Sachin Khullar

Sports Doctor - Dr Jacqui Johnson

Sports Psychology - Stephen Rendell

DIAGNOSTIC IMAGING



Lake Imaging as our partner & sponsor

LAKE IMAGING

Lake Imaging offer all BSA athletes bulk billing on any scans within their Geelong offices

Services include for; **physiotherapy, myotherapy, dietetics & massage**

Key contacts:

Cameron Loftus – (BSA CEO) Cameron acts as the conduit with Lake Imaging. He will advise Lake of your appointment time/venue so that you receive the correct discount.

- *Please always continue to inform Emily of any injury with your athlete, then call Corio Bay Health Group front desk where you will be advised on who might best deal with your injury.*

OTHER PROVIDERS who support the BSA

PHYSIOTHERAPY

DRYSDALE HEALTH GROUP

Peter Terry, Simone Seignior and Emma Zahl

Address: 27-29 High St, Drysdale, 3222.

Phone: 5251 2958

Offer for BSA Athletes: \$5.00 off consult fee

Specialisation	Sports Injury Management, Spinal Therapy, Pilates and Rehabilitation. Services include Acupuncture, Myotherapy, Podiatry, Pilates and Naturopathy Services.
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SPORTS DIETITIAN

EASTBROOK MEDICAL CENTRE

Anne Buso

Eastbrook Medical Centre

Address: 75 Roslyn Rd Belmont, 3216

Phone: 0407 877 548

Offer for BSA Athletes: 10% discount

Specialisation	Registered dietitian and has worked across a number of Dietetic areas during the past 22 years, including clinical nutrition, corporate health & community nutrition. Anne has been involved with the BSA for 8 years. Anne works with both athletes and non-athletes on a range of health issues including: diabetes, gastro-intestinal problems, food allergies and intolerances, weight management and disordered eating.
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Geelong Cats and Deakin University

Dominique Condo

GMHBA STADIUM

Phone: 0421 999 690

dominique.condo@deakin.edu.au

Specialisation	Experienced Accredited Practicing Dietitian, Nutritionist and an Accredited Sports Dietitian. She has extensive experience working with both junior and elite athletes and has worked with a number of sporting clubs and associations, offering nutritional support and advice. She is currently the sports Dietitian at Geelong Cats Football Club and the WNBL Deakin Melbourne Boomers and has a special interest and experience in supporting athletes meet
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	their performance goals while ensuring optimal nutrition for general health and development.
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CHIROPRACTOR

LA TROBE HEALTH CENTRE	
Dr Kyle Keenan and Dr Rebecca Keenan	
Address: 291 La Trobe Terrace, Geelong Phone: 5222 6868	
<i>Offer for BSA Athletes: 20% Discount</i>	
Specialisation	Postural assessment, passive and active range of motion assessment, orthopaedic examination, neurological examination (consisting of muscle testing, reflex testing, nerve tension testing, balance assessment), functional muscular and core strength assessment and, segmental spinal examination.

OSTEOPATH

PRO CARE SPORTS AND SPINAL	
Grant Burrows, Martin Gowdie, Jo Burrows, Steph Cations, Rebecca Burns and Emma Fitzgerald	
Address: 13 Francis St , Belmont Phone: 5243 3819 Website: www.pro-care.com.au	
<i>Offer for BSA Athletes: 20% off initial consult</i>	

GEELONG OSTEOPATHIC AND HEALTH CARE CLINIC	
Janine Parker, Freddie Pang, Richard Todd, Kevin Sturges, Ashwini Bhat and Breanna Wright	
Address: 4 Coronation St, Geelong West 3218 Phone: 5229 8021 Website: www.geelongosteopathic.ntpages.com.au	
<i>Offer for BSA Athletes:</i>	

MASSAGE

BARWON SOFT TISSUE THERAPY	
Stuart Hinds, Justine Gilroy and Brent May	
Address: 44 West Fyans St, Newtown Phone: 5222 8001	

Website: www.bstt.com.au

Offer for BSA Athletes: 10% Discount on all treatments

Specialisation | Soft tissue therapy, Remedial Massage and Myotherapy.

SPORTS PSYCHOLOGY

Barwon Sports Academy - Stephanie Rice

Phone: 0421 801 557

Email: stephanie.rice1@live.vu.edu.au

Offer for BSA Athletes:

Specialisation | Stephanie is available for individual and group sessions with the BSA athletes covering a range of issues including performance issues, goal setting, event preparation, sport/study/life balance, dealing with stress and anxiety, self confidence, mental health and personal development.

ORTHOPAEDIC SURGEON

St John of God Hospital – Dr Graeme Brown

Address: Suite 7, Level 2, 83 Myers St Geelong

Phone: 5223 3151

Offer for BSA Athletes: Priority Booking

Geelong Private Medical Centre – Dr Robert Wood

Address: 73 Little Ryrie St, Geelong

Phone: 5222 4411

Website: www.geelongprivatehospital.com.au

Offer for BSA Athletes: Priority Booking and reduced fees

SJOG - Professor Richard Page

(Upper limb, Shoulder and Hand Surgeon)

Address: Suite 7, Level 2, 83 Myers St, Geelong

Phone: 5222 5777

Website: www.geelongorthopaedics.surgey

Offer for BSA Athletes: Priority Booking